

Name of the Cell/Department: The Stride Club

Academic year: 2018-19

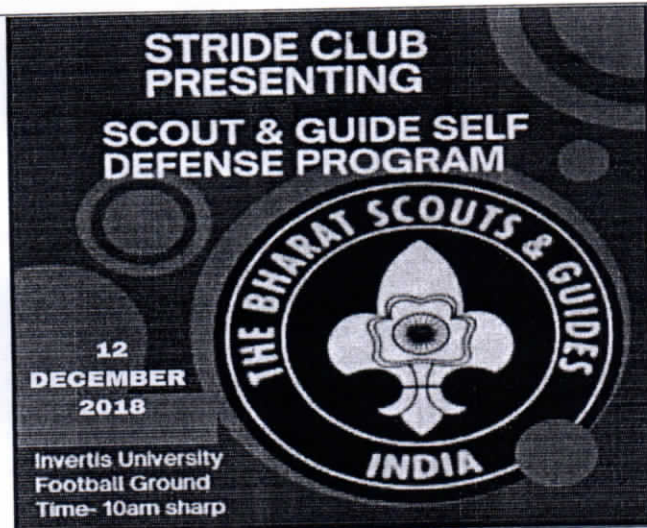
Name of the program: Scout and Guide Self Defense for girls program

Date: 12/12/2018

Venue: Football ground at Invertis University, Bareilly

Description:

The Scout and Guide Self Defense for Girls Program in Invertis University Football ground with the strength of 110 girls. It was initiated to empower young girls and women with essential self-defense skills and techniques. The program aimed to promote personal safety, boost confidence, and enhance physical and mental preparedness in challenging situations. The Scout and Guide Self Defense for Girls Program has been instrumental in imparting essential self-defense skills, fostering confidence, and promoting a proactive approach to personal safety among young girls and women. The acquired skills and empowerment gained through the program have the potential to create a lasting impact on the lives of participants, contributing to a safer and more empowered community.



Creative published on social media 11/12/2018



Instructor guiding students on how to untie the knot 12/12/2018

[Signature]
Coordinator

[Signature]
Registrar
Invertis University
Bareilly