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C  
CBC

To:

- shubhuwaiti1122@gmail.com;
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- avdeshnandishasharma@gmail.com;
- anritansh.kaushik17@gmail.com;
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- ankanep15@gmail.com;
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- anshikarathore0207@gmail.com;
- anshuv Mishra2070@gmail.com;
- apoorvagupta935@gmail.com

+311 others

Cc:

- Unmesh Gautam <ugautam@invertis.org>;
- YDS Arya <yca@invertis.org>;
- Dr. Manish Gupta <deanmgf@invertis.org>;
- Dr. Subho Chattopadhyay <subho.c@invertis.org>;
- Dheeraj Gandhi <dheeraj.g@invertis.org>

Re:

- All Members <all@invertis.org>  
24/2019 9:02 AM

Director Corporate Relations  
Invertis University  
Bareilly

Registrar  
Invertis University  
Bareilly

Dear Students,

CRC glad to inform you all that Invertis University students with kind support and guidance of, Ms. Madhvi Jain, Coach, Hira Yogi Wellness is going to conduct a series of Yoga Session on 14.4.2018 at 10:30 an initiative to assimilate liveliness and vitality.

**Yoga means addition- addition of energy, strength and beauty to body, mind and soul.**

**To strengthen and to add up some energy in you all Invertis University is initiating a Series of Health and Wellness**

All the candidates are instructed to reach Academic Block 3 ground sharp at 10:30 P.M.to attend an introductory session.

Note: All students are requested to carry a Yoga Mat and carry active wear.

**Topic- Yoga Series 1.0**

**Date: 14<sup>th</sup> April 2019**

**Time: 10:30 AM**

**Venue: Academic Block 3 ground**

**Resource person: Ms. Madhvi Jain, Coach, Hira Yogi Wellness**

Team CRC | Corporate Resource center

Invertis University, Bareilly | <https://www.invertisuniversity.ac.in/>

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[placement@invertis.org](mailto:placement@invertis.org)

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Invertis University  
Bareilly

  
Director Corporate Relations  
Invertis University  
Bareilly



*[Handwritten Signature]*  
Director Corporate Relations  
Invertis University  
Bareilly

Guest Name: Ms. Madhvi Jain, Coach, Hira Yogi Wellness

Topic: Yoga Series 1.0

Venue : Academic Block 3 ground Date- 14/4/2019

SL.	Students Name	Attendance
1	MOHD IRFAN KHAN	P
2	MOHD SAQLAIN	P
3	ANUJ SINGH	P
4	Komal Shukla	P
5	RAJAT BAN GOSWAMI	P
6	NAVJOT SINGH SIDHARTH	P
7	VARUN MISHRA	P
8	ANUKUL SINGH	P
9	AFTAB KHAN	P
10	REHAN AHMED	P
11	IQRAM AHMAD	P
12	MOHD FAISAL KHAN	P
13	MOHD NIHAL KHAN	P
14	SIDDHARTHA KUMAR GOUR	P
15	PURNENDU PRAKASH	P
16	Harsh Jaiswal	P
17	MOHD FURQAN	P
18	Mohd Furqan	P
19	PRANCY SINGH	P
20	ANUBHA GUPTA	P
21	KM PRIYANKA	P
22	IBRAHEEM	P
23	VANSHIKA GANGWAR	P
24	KAVITA SOLANKI	P
25	SHIKHA SINGH	P
26	AMANDEEP SINGH RANDHAWA	P
27	POOJA BOHRA	P
28	KINSHUK KANAUJIA	P
29	NEHA KHAN	P
30	VAISHNO PATHAK	P
31	PRIYANKA GUPTA	P
32	RAGHAV TANDON	P
33	AZAD KHAN	P
34	SIMRANJEET KAUR	P
35	SHILPA BAJETHA	P
36	ANURAG SHARMA	P
37	SWEETA MAHESHWARI	P
38	AMIT PRATAP SINGH	P
39	DARSHIKA SHARMA	P

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40	EKTA RATHORE	P
41	SANDEEP SINGH	P
42	ROZIA MARIYAM	P
43	AMANDEEP KAUR	P
44	AMOL SHARMA	P
45	AKASH RATHOUR	P
46	NIKHIL SHARMA	A
47	SALMYA AGARWAL	P
48	MOHD HUZAIF	P
49	SHIVANGI MAHESHWARI	P
50	ABHISHEK GUPTA	P
51	MONIS AHMAD	P
52	WAHAJ AHMAD KHAN	P
53	MOHSIN KHAN	P
54	SHUBHANSHU RASTOGI	P
55	ANUJ GUPTA	P
56	RIYA PRAKASH	A
57	SAPNA AGARWAL	P
58	ABHISHEK SAXENA	P
59	KM SHRADDHA VARSHNEY	P
60	PARKHI AGARWAL	P
61	KIRAN PATHAK	P
62	FAAIZA FATIMA	P
63	SIDHOTAM KUMAR SINGH	P
64	PRAKHAR CHATURVEDI	A
65	KUSHAL SAH	P
66	NAVNEET MISHRA	P
67	AKRITI RASTOGI	P
68	SAGRIKA CHAWLA	P
69	KM ANSHIKA	P
70	VIKRANT JOSHI	P
71	POOJA SAHAJ	P
72	MOHIT MISHRA	A
73	YASH UPADHYAY	P
74	DIVYA BAJPAI	P
75	AMIT	P
76	ASHISH CHAUHAN	P
77	DEEPESH KUMAR	P
78	SAKSHI	P
79	HARSHIT GUPTA	A
80	SHAILAJA SINGH	P
81	SAURABH VERMA	P
82	CHANDAN SINGH	P
83	SUDHANSHU SHARMA	P
84	SUMIT KUMAR	P
85	KM MEDHA	P
86	AYUSHI GUPTA	P
87	DEEKSHA KUMARI	P
88	NISHANK MISHRA	A
89	YASHI RASTOGI	P

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90	KM RANJANA KASHYAP	P
91	SRISHTI VERMA	P
92	VIKAS MAURYA	P
93	SANJEEV KUMAR	P
94	PRONOMITA GHOSH	P
95	VATSALA SAXENA	A
96	RAVI KATIYAR	P
97	HEMANT KUMAR	P
98	DHEERAJ KUMAR	P
99	ARJUN GANGWAR	P
100	AKANSHA GUPTA	A
101	ASHIYA KHAN	P
102	RENU MDURYA	P
103	KM ANJALI KUMARI	P
104	VUJAY KUMAR YADAV	P
105	RUNA KUMARI	P
106	ADITI PAL	P
107	AGENDRA GANGWAR	P

*Scm B.*  
Director Placement

*RKS*  
R0D

*[Signature]*  
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Invertis University  
Bareilly

*[Signature]*  
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