

Name of the Cell/Department: Responsible Invertian club

Academic year: 2022-23

Name of the event: Mental health awareness program

Date: 10 -October -2022

Venue: MISSION HOSPITAL

Description: MENTAL HEATH AWARENESS PROGRAM

The program aimed to raise awareness and educate participants on various aspects of mental health, promoting mental well-being, and reducing the stigma associated with mental health issues.

Objectives are:

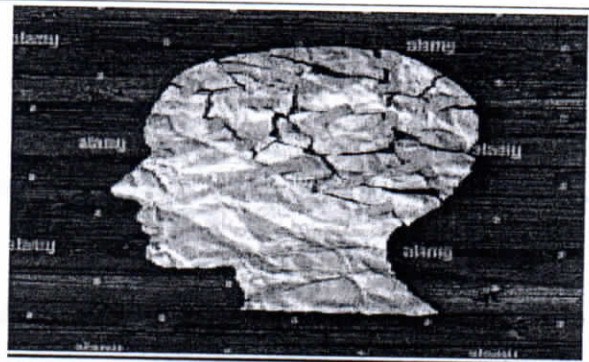
- To educate participants about the importance of mental health and its impact on overall well-being.
- To raise awareness about common mental health issues and symptoms.
- To provide tools and resources for managing and seeking help for mental health concerns.
- To reduce the stigma associated with mental health problem. Based on the success of this program, it is recommended that similar initiatives be conducted periodically to maintain and further increase awareness of mental health issues. Continuous engagement with the local community and educational institutions can help broaden the impact of such program.

The Mental Health Awareness Program at Mission hospital served as a significant step toward promoting mental well-being and reducing stigma. By increasing knowledge and providing resources, this program has contributed to the betterment of mental health in the community.

I would like to express my gratitude to the hospital staff, and all participants for their active involvement in making this program a success.



Students in Mental Health Session 10-10-2022



Mental Health Session 10-10-2022

Coordinator

Registrar
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